



# All About Me

Name: \_\_\_\_\_

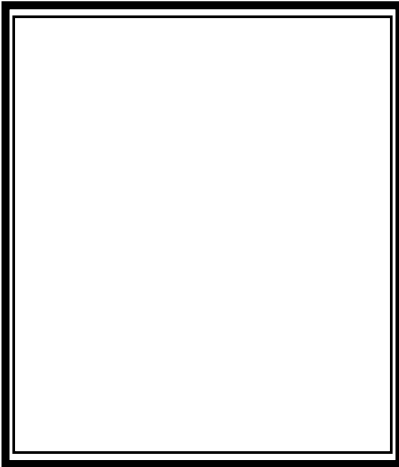
Address: \_\_\_\_\_  
 \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Birthday: \_\_\_\_\_

Inset or draw a picture of yourself



I am good at: \_\_\_\_\_  
 \_\_\_\_\_

I need help with: \_\_\_\_\_  
 \_\_\_\_\_

I am really interested in: \_\_\_\_\_  
 \_\_\_\_\_

I laugh when: \_\_\_\_\_  
 \_\_\_\_\_

I get really scared and/ or upset when: \_\_\_\_\_  
 \_\_\_\_\_

Calming techniques I like are: \_\_\_\_\_  
 \_\_\_\_\_

The people in my family: \_\_\_\_\_  
 \_\_\_\_\_

Best time and method to contact parents/ guardian: \_\_\_\_\_  
 \_\_\_\_\_

## My Favorites

Color: \_\_\_\_\_

Activity: \_\_\_\_\_  
 \_\_\_\_\_

Book: \_\_\_\_\_  
 \_\_\_\_\_

TV Show: \_\_\_\_\_  
 \_\_\_\_\_

Sports Team: \_\_\_\_\_  
 \_\_\_\_\_

Music: \_\_\_\_\_  
 \_\_\_\_\_

